

AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 KARATE	2 SENIOR STRETCH	3
4	5 SENIOR STRETCH	6	7 SENIOR STRETCH KARATE	8 KARATE	9 SENIOR STRETCH	10
11	12 SENIOR STRETCH	13 BOOK CLUB	14 SENIOR STRETCH KARATE	15 KARATE	16 SENIOR STRETCH	17
18	19 SENIOR STRETCH *BEGIN SCHOOL HOURS WEEKDAYS (CLOSED 2-6 PM)	20	21 SENIOR STRETCH KARATE	22 KARATE	23 SENIOR STRETCH	24
25	26 SENIOR STRETCH	27	28 SENIOR STRETCH KARATE	29 KARATE	30 SENIOR STRETCH HEALTH SCREENING	31